

BRT APARTMENTS CORP. ANNOUNCES SECOND QUARTER 2020 EARNINGS RELEASE

Great Neck, New York – July 23, 2020 - BRT APARTMENTS CORP. (NYSE:BRT), a multifamily real estate investment trust with properties located primarily in the Southeast United States and Texas, today announced it will release financial results for the second quarter 2020 after the market close on Monday, August 10, 2020.

Conference Call and Webcast Information:

The Company will host a conference call and webcast to review its financial results with investors and other interested parties at 8:30 a.m. ET on Tuesday, August 11, 2020. The call will be hosted by Jeffrey A. Gould, Chief Executive Officer. To participate in the conference call, callers from the United States and Canada should dial 1-877-407-9208, and international callers should dial 1-201-493-6784, ten minutes prior to the scheduled call time. The webcast may also be accessed live by visiting the Company's investor relations website under the "webcast" tab at https://brtapartments.com/investor-relations.

Replay Information:

A replay of the conference call will be available after 11:30 a.m. ET on Tuesday, August 11, 2020 through 11:59 p.m. ET on Friday, August 25, 2020. To access the replay, listeners may use 1-844-512-2921 (domestic) or 1-412-317-6671 (international). The passcode for the replay is 13707219.

Additional Information:

BRT is a real estate investment trust that owns, operates and develops multi-family properties. Interested parties are urged to review the Quarterly Report on Form 10-Q to be filed with the Securities and Exchange Commission for the quarter ended June 30, 2020 and the supplemental disclosures regarding the quarter ended June 30, 2020 on the investor relations section of the Company's website at: https://brtapartments.com/investor-relations for further details. The Form 10-Q can also be accessed through the "Investor Relations" section of BRT's website. For additional information on BRT's operations, activities and properties, please visit its website at www.brtapartments.com.

Contact: Investor Relations - (516) 466-3100

BRT APARTMENTS CORP. 60 Cutter Mill Road Suite 303 Great Neck, New York 11021 Telephone (516) 466-3100 Telecopier (516) 466-3132 www.BRTapartments.com